



## **Global Treks & Expedition P. Ltd.**

**Chakshibari Marg 591, Thamel  
Kathmandu, Nepal**

### **Kailash Mansarovar Tour Brief Itinerary**

#### **Day 01 : Arrival to Kathmandu (1,350 M)**

Well Come to Nepal at Tribhuvan International Airport (TIA) in Kathmandu, we will be greeted by a representative from Global Treks and expedition who will reception and drop us off at our hotel. When you are ready you will be collected from your hotel lobby and driven to our Thamel office Global Treks and Expedition where you will be formally introduced to your Trekking Guide. We will go through your entire trek itinerary and arrangements with you ensure every detail is in place. O/N at Kathmandu.



#### **Day 02 : Drive Kathmandu to Nyalam (3,700 M. - 160 KM)**

This is the first day of the Yatra. Very early with pack breakfast depart from Kathmandu to China border by reserved tourist coach. It takes about 05 hours. Our agent will complete custom formalities and check into Tibet - an autonomous part of China. After lunch, drive to a small Tibetan town called Nyalam. O/N at Nyalam Hotel.

#### **Day 03 : Explore Full Day Nyalam**

Today you will be exploring the Full day free for excursion of Nyalam city. Lhasa,- EBC -and-mt.-Kailash-tour-95. Where you can enchants the panoramic views of Himalayas as well as beautiful cities. O/N at Nyalam.

#### **Day 04 : Drive Nyalam to Dongba/ Paryang (4500 M. - 375 KM)**

After an early breakfast you will drive from Nyalam to Dongba which takes more than about 08:00 hours. O/N at Paryang.

#### **Day 05 : Dongba/Paryang (4500 M. - 335 KM) to Manasarovar**

After breakfast drive from Dongba to Mansarovar 07:00 hours. Conducting Mansarovar Parikarma by vehicle. This is the first day stay at the bank of the Mansarovar Lake. This is the first day stay at the bank of the Mansarovar Lake. O/N at Mansarovar.

#### **Day 06 : Manasarovar to Darchen (4600 M. - 110 KM.)**

We will choose the special point to take dip in Mansarovar Lake and conducting Pooja, hawan and spiritual activities according to your tradition. You will get drive around 2.30 hrs to reach Darchen. Astapad excursion can be done at extra cost. O/N at Darchen.

#### **Day 07 : Darchen to Diraphuk (4,890 M. - 12 KM.)**

This is the first day of Kailash Parikarma. We should start our journey after breakfast as early as possible. This day we drive up to yumdwari and start walking continuously for about 6 to 7 hours. Horse can be hired at extra cost those who cannot walk. Yak will carry the kitchen utensils and equipment. O/N at Diraphuk.

### **Day 08 : Diraphuk to Zhulthulphuk (4,790 M. - 22 KM.)**

This day is bit complex journey and we have to pass Dolma-La Pass, which is 5400 meter in high, The weather is unpredictable in Doma-la Pass and at any time snowstorm can fall. So we try to start our journey as early as possible. In route we can have Darshan of Gaurikund but it is very difficult to go and touch. ON at Zhulthulphuk.

### **Day 09 : Zhulthulphuk to Paryang**

We will Trek down to Darchen, catch our vehicle and Drive to Manasarovar fill up spiritual jaal, later our tour starts back for Kathmandu following the same route and same system applies for all subjects of our accommodation and meal O/N at Paryang.

### **Day 10 : Paryang to Nyalam**

Drive back to Nyalam, which is the last stay in Tibet part.

### **Day 11 : Nyalam to Kathmandu**

After custom formalities we will be picked up by Nepal side and continue drive to Kathmandu for about 05.00 hours and check in at Hotel.

### **Day 12 : Back to final destination**

Morning check out hotel, transfer to airport, catch flight for next Destination.

Options for early departure or you use your extra day for Himalayan mountain flight, Manakamana road trip, or Muktinath tour.

### **Cost include**

- Arrival & departure transportation.
- Sightseeing tour of Pashupatinath and Budhanilkantha.
- Standard Hotel at Kathmandu on twin sharing basis with all meals.
- Transfer to Kodari by tourist bus.
- Tibet side: accommodation in decent hotel/tents.  
While camping we provide two-man tents, mattresses, sleeping bag & camping equipment's like dining & toilet tents.
- Pure vegetarian meals prepare by our escort.
- A/C Luxury Coach.
- English speaking Tibetan guide.
- Nepali tour leader.
- Gamow bag, oxygen, basic first-aid kit.
- Kailash permit & normal Tibet/China visa fee.
- Kodari land tax.

### **Cost Exclude**

- Airfares from Home - Kathmandu - Home
- All beverages, Photography charges and Telephone calls
- Travel Insurance of clients
- Emergency evacuation expenses.
- Riding Yak/Horse for Kailash Parikarma (direct payable to Yak/horse herder)
- Extra cost in the event of landslide for hiring additional transportation

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- Expenses of personal urgent visa fee etc & Services other than specified