



Global Treks & Expedition P. Ltd.

Chakshibari Marg 591, Thamel
Kathmandu, Nepal

Kathmandu-Sundarijal-Chisapani-Nagarkot-Changunarayan Brief Itinerary



Day 01 : Kathmandu - Sundarijal - Chisapani

Sundarijal is the place which is located in the 12 km north from Kathmandu in the elevation of 1,350 M. Today we will drive to Sundarijal from Kathmandu & the place is very forestry where the trail leaves, water supply process can be seen in good views. We will walk to the steep road through to 1550m from there after you will continue to climb Shivapuri ridge. We can find their small tea shops from where we can enjoy the panoramic view of the Kathmandu Valley. After passing it we will reach the Chisapani at the elevation of 2,300 M where we can see the mesmerizing views of the mountain. O/N at Chisapani.

Day 02 : Chisapani - Nagarkot

Today we will start trekking to Nagarkot which takes 4-5 hrs where we will descend from above slowly which takes to hours. After we will reach the Bhanjyang where we can take some rest and delicious lunch. In the Bhanjyang, the trail is flat for almost one and a half hours then 30 minutes ascend to arrive at the beautiful Hill station called Nagarkot, situated at an altitude of (2,175 M). which provides the grandstand panoramic views of the Himalayas. You can see five of the fourteen tallest mountains in the world, including Mt. Everest (8,848 M). Other mountains are Lhotse (8,516 M), Cho Oyu (8,201 M), Makalu (8,463 M) and Manaslu (8,163 M). We will get an opportunity to see the sunrise & sunsets from above the hills. O/N at Nagarkot.

Day 03 : Nagarkot - Changunarayan - Kathmandu

After getting a breakfast you will start to walk down through the Changunarayan Temple which is listed in UNESCO World Heritage & Located in the 15 km east of Kathmandu. After passing through there we can enjoy the beautiful scenery in the way of Sankhu as well as Bhaktapur. In the Chanugunarayan we can see the different monuments and the oldest statues made by the stone. Finally, we will be back to the Kathmandu.

Cost include

- TIMS and Permit- Shivapuri National Park.
- Sundarijal transfer.
- Transportation from Kathmandu -Sundarijal-Nagarkot-Kathmandu through the private vehicle.
- Accommodation at tea house lodge with Breakfast.
- Local GLOBAL TREKS Guide.
- Medical kit box.

Cost Exclude

- Your travel insurance. (Compulsory).
- Items of a personal nature such as alcoholic drinks, cold drinks, laundry.
- Personal trekking Equipment.
- Tips to the guide and driver.