



## Global Treks & Expedition P. Ltd.

Chakshibari Marg 591, Thamel  
Kathmandu, Nepal

### Mardi Himal Trekking Brief Itinerary



#### Day 01 : Arrival in Kathmandu (1,350 M/4,264 FT)

However Well Come to Nepal at Tribhuvan International Airport (TIA) in Kathmandu, we will be greeted by a representative from Global Treks and expedition who will reception and drop us off at our hotel. When you are ready you will be collected from your hotel lobby and driven to our Thamel office Global Treks and Expedition where you will be formally introduced to your Trekking Guide. We will go through your entire trek itinerary and arrangements with you ensure every detail is in place. We will also ask for your passport photographs and any other details so that we can organize any permits required for your trek and the region you will be exploring. O/N at Kathmandu.

#### Day 02 : Drive to Pokhara (825 M/2,700 ft)

Early in the morning you will be transferred to Pokhara by tourist bus. You will be having lunch on the way to Pokhara. You will be travelling to Pokhara by having the views of country side on the way following the footstep of Trishuli river where it takes 6-7 hours drive to Pokhara. After reaching Pokhara you can visit **Fewa lake** which is also known as the **Talbarahi & David falls** and some nearby areas. O/N at Pokhara.

#### Day 03 : Drive to Phedi and Trek to Deurali (2,100 M/6,720 FT)

Today in the early morning you after taking an hot breakfast you will drive to the Phedi which takes 2 Hrs drive from Pokhara. After your trek will start from Deurali you will have the scenic view. The route is very quick & easy trail for all the trekker. You will be walk through the terrace field as well by the way of Dhampus. Then walking an Hour you will reach to the Deurali which is located at the South of the Annapurna & Machhapuchhre. Deurali villages are very beautiful which is being surrounded by different culture, festive peoples. O/N at Deurali.

#### Day 04 : Trek Deurali to Forest camp (2,520 M/8,064 FT)

Today is the second day of trekking where you will be passed from the forest of Rhododendron & the way is very plain to walk which make us easy. The forest area shade you by catching the varies picture & catch the extra ordinary moments. After an hour trekking you will had good lunch .O/N at Forest camp.

#### Day 05 : Trek Forest Camp to Low camp (2,970 M/9,504 FT)

Therefore, as you climb up you will be walking through the cloud forest & flora by the under cover tree. Form the place you can clutch the panoramic views of the Mt. Machhapuchhare, Mardi Himal, Annapurna Circuit. In the end of the trek you will had the hot lunch & take a few rest. As we can the mesmerizing views of the Mountains in the evening. O/N at Low camp.

#### Day 06 : Trek Low camp to High camp (3,540 M/11,328 FT)

Early in the morning you will get an opportunity to see the fresher views of Himalayas as you will start to

move on High camp. In the way to high camp sometimes the weather will be bad but if the weather is cleared you can reach up to the 15,000 m and snatch the great ice land of Annapurna sanctuary from the above. Then you will start to ascend to the high camp where you can stay tonight. O/N at High camp.

#### **Day 07 : Trek High camp to upper viewpoint (4,250 M/13,600 FT), return back to high camp**

Today you will start to ascend up to the upper viewpoint where you can see the mesmerizing views of Mardi Himal. Your trek will be very hard for today where you will reach to the high point of the trek and your walk will descend to the high camp. Your walk will pass through the Himalaya views. You can able to see the Mardi Himal (5,587 M), Annapurna I (8,091 M), Annapurna south (7,219 M), Hiunchuli (6,441 M), Baraha Shikhar (Mt. Fang) (7,647 M), Tent Peak (5,695 M), Singhachuli (6,501 M), Machapuchhre (6,993 M) and others. O/N at High camp.

#### **Day 08 : Trek High camp to Sidhing Village (1,700 M/5,440 FT)**

After an breakfast today you will start to descend from the forest to reach the Sidhing village. You will go from the different routes where you can be excited to be in new area where we can move on from upper Mardi Khola. After crossing the shade forest you will reach to the Sidhing village which is openly beautiful. O/N at Sidhing Village.

#### **Day 09 : Trek to Lumre & Drive to Pokhara**

Today after taking a long bed rest you will start to walk to Lumre where you will end up your trekking. After coming to the roadside you will drive to the Pokhara which takes 2 Hrs from there. As you will have some time to explore Pokhara you can ride the boat to expand the views of the beautiful scenery in the Phewa Lake. O/N at Pokhara.

#### **Day 10 : Drive back to Kathmandu**

In the early morning you will be back to the Kathmandu by the private vehicles where in this period you will memories the activities you have done. After reaching to the Kathmandu you will get the farewell dinner party tonight. O/N at Kathmandu.

#### **Day 11 : Back to your final destination**

Finally today you will back to your destination. Our Global treks representative will drop you to the airport and get the happy journey towards.

#### **Cost include**

- Airport / Airport pick up & drop by private tourist vehicle.
- 2 N Kathmandu Hotel accommodation sharing bases with B/B( Bed & Breakfast)
- 2 N Hotel accommodation in Pokhara with B/B( Bed & Breakfast)
- All your standard mentions Meals during the trek **(B-Breakfasts, L-Lunches, D- Dinners).**
- Lodges/Guesthouses accommodation during the 7 Days trek
- Local GLOBAL TREKS English speaking guide
- National Park permits and TIMS permit for trekking.
- Private transportation /Tourist Coach entire this trek. ( Kathmandu-Pokhara-Phedi-Pokhara-Kathmandu)
- Food, accommodation, salary, insurance and medicine for all staff.
- All our government taxes, vat, tourist service charges
- Official expenses.

## **Cost Exclude**

- Lunch /Dinner whilst in Pokhara & Kathmandu.
- Travel insurance which covers emergency Rescue and Evacuation.
- Alcoholic, hot and cold drinks.
- Personal trekking Equipment (See the trekking equipment page).
- Tips for trekking staff and driver (Tipping is expected).
- Any others expenses which are not mentioned on 'Price Includes' section.